



## **Pt. Reyes Kayak & Hike 2016**

**Dates: June 20-25 and June 27-July 2 (Girls Only)**

*Camp drop off is at 9 am on Monday and pick up is 4pm on Saturday.  
Drop off and pick up is at Julius Kahn Playground, Presidio Park,  
Address: 3395-3699 W Pacific Ave., San Francisco, CA 94118*

### **Day 1- Monday- Drive to Samuel P. Taylor State Park – Redwood Exploration**

This morning we meet at the Julius Kahn Playground in the Presidio where our adventure together begins! We have the opportunity to get to know one another through fun ice-breaker games before we set out for Samuel P. Taylor State Park. This park, set amongst magnificent redwood trees, will be our home for the evening before we head out on our sea kayaking adventure tomorrow.

After arriving and setting up camp, our exploration of the area kicks off with a redwood hike and lesson. During our hike, we'll learn lessons about redwood ecology and play interactive team-building games.

This evening, we'll have a campfire and take part in some fun games and activities where we will have the chance to get to know our co-explorers a bit better.

*Lessons- Leave No Trace Camping, Tent set up, Redwood Ecology*

### **Day 2- Tuesday – Sea Kayaking Tomales Bay Day 1**

Today we'll begin our 3-day Tomales Bay sea kayaking adventure! After breakfast and packing up camp, we'll head over to meet our kayaking guides at the put-in. Upon arrival, we'll meet our guides, pack up the boats and receive a safety and kayaking instruction. Once all personal kayaking gear has been fitted and boats are adjusted and loaded, we'll paddle out into Tomales Bay.

Today, we will kayak north along the Point Reyes coastline, stopping for lunch and swimming at a pristine beach along the way. During our paddle, we are likely to spot wildlife, including many different types of birds of prey, fish, and possibly manta ray, seals and sea lions. From time to time porpoise and elephant seals can even be spotted in the bay. After our fun day of paddling, we'll make camp on a beach, cook a delicious dinner and enjoy star-gazing and stories around the campfire. If conditions are right, we may get a chance to go out for a night paddle to view the spectacular bioluminescence in Tomales Bay.

*Lessons- Kayaking skills and safety, Tomales Bay natural history, What is bioluminescence?*

## **Day 3- Wednesday – Sea Kayaking Tomales Bay Day 2**

Our second day of kayaking takes us further north up the coast of Tomales Point. We'll keep our eye out for Tule Elk along the shore, as we'll be paddling along the coast of the Tule elk reserve. If we have time, we'll stop for a short hike to get a closer look at the elk and views of the Pacific. This afternoon we'll paddle back to our campsite for some down time and relaxation by the bay. We'll play and swim at the beach during the afternoon and enjoy another wonderful meal and campfire this evening. If conditions are right after the sun sets, we'll have another chance to do a night paddle to view the bioluminescence.

*Lessons- San Andreas Fault/Plate Tectonics, Tule Elk Natural History*

## **Day 4- Thursday- Sea Kayaking Tomales Bay Day 3**

After breakfast we'll break camp and pack up our kayaks for our final day of kayaking. We'll explore a bit more of Tomales Bay before we head back to our take out spot. This afternoon, we'll head back to our campsite in Samuel P. Taylor State Park. We'll set up camp and have time to play games and explore

Lagunitas Creek. We will also have our first lesson on the native Coho Salmon that spawn in the creek

*Lesson- Coho Salmon life-cycle*

## **Day 5- Friday- Point Reyes- Muddy Hollow Hike**

After a delicious breakfast, we'll go explore Point Reyes by foot. We'll take a spectacular hike in a remote corner of the park on the Muddy Hollow trail. This trail provides excellent wildlife viewing and spectacular ocean views. If we are lucky, we might spot black-tailed deer, fox, newts, Tule Elk, bobcat and other cute critters.

Following our hike, we'll jump back in the vans and head to one of the many great beaches in Point Reyes for games, sand castles and splashing in the waves!

After a fun and tiring day, we go back to camp where we prepare our celebratory feast for dinner. We have seen so much, done so much, and learned so much over the past week, and tonight we have the chance to celebrate our accomplishments as a tight knit group.

*Lessons- Plants and animals of Point Reyes*

## **Day 6- Saturday- Pt. Reyes- SPAWN service project & drive home**

This morning we have the chance to give back to this incredible landscape that has been our home & playground for the past five days.

We assist the non-profit organization, SPAWN, to do habitat restoration work with Coho Salmon. Our important task is to lend a hand in working to restore and re-create riparian habitat that provides much needed shade for young salmon and trout in our local waterways.

Our work is rewarding, and also fun! As we work in this natural habitat, we have the opportunity to explore the surrounding creek. We spend a fun-filled afternoon playing and working in this creek, one last fantastic day to spend with our co-explorers who have become good friends over the past week.

This afternoon, our adventure together comes to an end. Our leaders drive us back to San Francisco where we meet our parents at the Julius Kahn playground. We are sad to say goodbye to our amazing friends, but excited to tell tales of adventures to our families!

*Lessons- What is a watershed?, Coho Salmon natural history*