



Lassen Explorer 2016

Dates:

July 18-23 (Girls Only, ages 10-12)

August 1-6 (Co-ed, ages 10-12)

*Camp drop off is at 9 am on Monday and pick up is 4pm on Saturday.
Drop off and pick up is at Julius Kahn Playground, Presidio Park,
Address: 3395-3699 W Pacific Ave., San Francisco, CA 94118*

Day 1- Drive to Lassen – Camp at Summit Lake

Our camp begins at Julius Kahn playground where we play games and icebreakers as we get to know the other girls in the Lassen Hiking Adventure groups! After our introductions, we pack up and head out to the gorgeous landscape of Lassen Volcanic National Park. This National Park is home to crystal clear mountain lakes, meadows sparkling with wildflowers, and views of stunning volcanoes towering above us, and we are thrilled to set up camp here and call Lassen home for the next five nights. Whether you are an expert camper or this is your first time sleeping under the blanket of stars, our leaders show us the proper way to set up camp so we will be comfortable for the week. If time allows this afternoon, we have the chance to begin our journey with a swim in the clear lake, which sits at our footsteps!

Tonight we make a delicious dinner, followed by a campfire where we get to know each other a bit more through games and icebreakers. We go to sleep under the stars, excited for a big day tomorrow!

Lessons: Leave No Trace Camping, Intro to Lassen Natural History

Camping Location: Summit Lake Campground

Day 2- Bumpass Hell

Following a delicious breakfast, we head out for today's hike, which is a fun and challenging 5-mile hike to Bumpass Hell. With a name like that, we are sure in for an adventure! Bumpass Hell is a unique hydrothermal area renowned for steaming pools, mudpots, and magnificent colors formed by unique minerals. As we hike, we are offered spectacular views of the dramatic surrounding landscapes, including Lassen Peak.

Here we are taught about why these geothermal processes are occurring and about the volcanic activity in Lassen.

After hiking and exploring this area, we head back to camp to play, cook dinner, and reflect on our amazing day!

Lessons: Lassen Volcanic National Park Geology & History, Topo Map Skills

Camping Location: Summit Lake Campground

Day 3- Lake Hike- Cliff Lake, Shadow Lake, Terrace Lake

Today's exploration takes us on a hike to some of the most spectacular lakes in Lassen National Park--Shadow Lake, Terrace Lake, and Cliff Lake. Each of these are crystal clear pools set in the mountainous region sandwiched in the valley between Lassen Peak and Reading Peak. We are greeted with spectacular views in every direction, and glistening waters at our footsteps!

We have the chance to eat lunch, play games, and lounge at these lakes. Some might even be brave enough to take a dip! Our leaders teach us about the high alpine plants and animals that are so lucky to live in this amazing area!

Lessons: Lassen Plant & Tree Id

Camping Location: Summit Lake Campground

Day 4- Horseback Riding, Drive to Warner Valley

Today we pack up camp and set out to explore the southern section of Lassen National Park where we will spend the next two nights camping at Warner Valley Campground. On our way to Warner Valley, we'll stop at Lake Almanor to set out for an exciting day with a different kind of exploration....this time on horseback! This ride takes nearly two hours through beautiful alpine forest and meadow.

After our ride, we'll jump back in the vans and head to Warner Valley. Warner Valley Campground is set near historic Drakesbad guest ranch, which has been around since 1900! Here we will have the next few days to enjoy the bounty that this area offers.

Lesson: Horseback riding

Camping Location: Warner Valley Campground

Day 5- Devil's Kitchen Hike

Today we'll hike to another exciting geothermal area known as Devil's Kitchen. The hike takes us through beautiful meadows and forests. Upon arrival to Devil's Kitchen, we'll take some time to explore this astounding area by foot. Devil's Kitchen is the second largest hydrothermal area in Lassen National Park and has

many interesting steam vents, mud pots and boiling springs to photograph and explore.

Following our hike, we head to the Drakesbad guest ranch to swim in the famous hot spring fed pool there. After a few days of hiking, it feels amazing to swim in this therapeutic pool, which has water temperatures set just right for relaxing and enjoying!

Tonight we have our end of the trip celebration as we think back on the past week of amazing adventures in this incredible place.

Lesson: Lassen Geology

Camping Location: Warner Valley Campground

Day 6- Drive Home

All good things must come to an end, but our memories of Lassen will last forever! Today we pack our belongings and head back to San Francisco where our parents meet at the Julius Kahn Park.